

"So many folks I encountered in prison had this shared baseline of trauma. Everybody had some form of violence and hurt and harm that happened before they got there."1

- Rev. Sharon White-Harrigan, LMSW, Executive Director, Women's Community Justice Association

Survivors of intimate partner violence

70-80% of incarcerated women²



25% of women in general US population³

A NEW YORK STUDY OF WOMEN IN PRISON FOUND

82% 75% 94%

experienced severe **physical** violence and/or sexual abuse as children

experienced serious physical violence by an intimate partner

experienced sexual and/ or physical violence in their lifetime⁴

A NATIONAL STUDY OF WOMEN IN JAIL FOUND THAT

60% 86%

experienced caregiver violence as children

experienced sexual violence in their lifetime

have a PTSD diagnosis⁵

53%

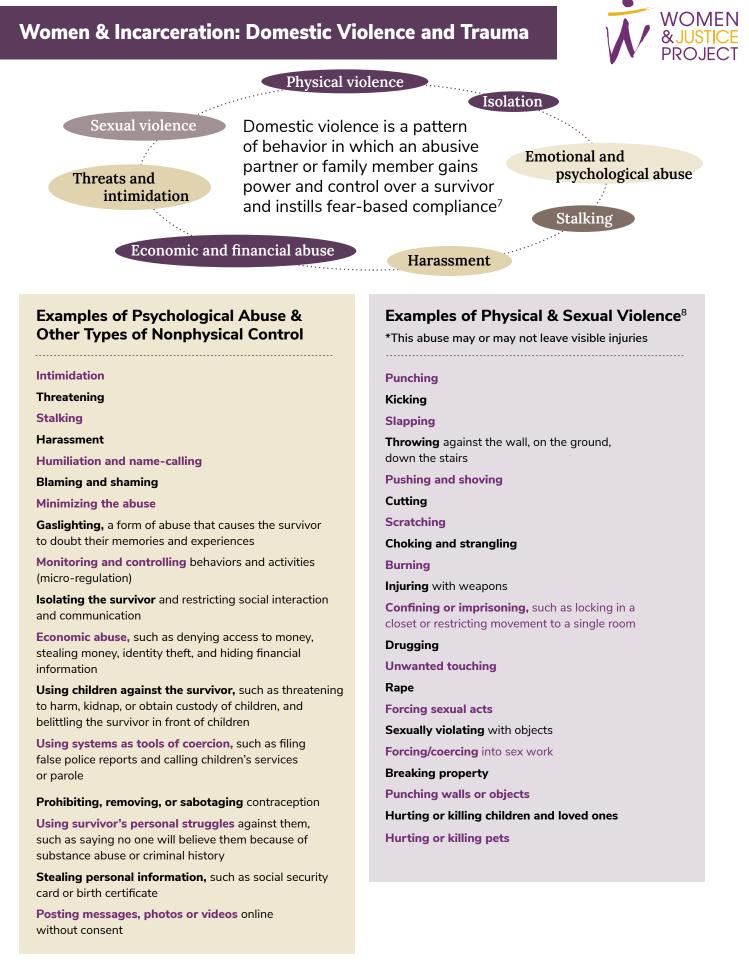
"I think for many survivors, including myself, it has taken a long time to even identify as a survivor. You just think this is my way of life."

– Serena Martin, Executive Director, New Hour for Women & Children - Long Island

A survey of incarcerated queer, trans, and gender non-conforming people found

93% experienced abuse as children

71% experienced abuse as adults⁶





Domestic violence impacts survivors in many ways. How a person experiences and responds to domestic violence is impacted by the nature of the abuse, individual psychological and biological factors, social and family relationships, community context, and larger social injustices like economic inequality, racism, sexism, homophobia, and transphobia.

Trauma responses to domestic violence often include:⁹

Hyperarousal: a physiological fight, flight, or freeze response that a survivor cannot reason themselves out of

Overactive threat response system where a survivor remains on high alert even when a threat is not evident in the moment

Dissociation: an involuntary disconnection from reality and one's memories, thoughts, and sense of self

Intrusive thoughts, memories, flash backs, physical sensations

Numbing, amnesia, emotional detachment, and using substances or alcohol to induce numbing

Changes in cognitive function, impaired impulse control, and difficulty regulating emotions due to the impact of traumatic brain injuries¹⁰

Inability to integrate traumatic memories and experiences into a coherent narrative of one's own life

Decreased ability to evaluate the risk of a given situation or to take risks in day-to-day life

Lost sense of safety and trust in the world

Disconnection from others and community

Lost sense of self, feelings of shame and doubt

Ruptured sense of continuity between past and present

Weakened immune system and susceptibility to illness

Women & Incarceration: Domestic Violence and Trauma



When the criminal legal system fails to understand trauma

responses, survivors are often disbelieved and misinterpreted to be lying, malingering, and unreliable. "At the time, I didn't see that the verbal abuse was abuse because I wasn't aware of what emotional abuse was. I thought it had to be physical."

 Kisha McCoy, Domestic Violence Survivor & Criminal Justice Advocate

Many factors impact if and how survivors disclose the abuse they experience

Experiencing **traumatic memory** where the physiological and psychological impacts of abuse cause memories to be:¹¹

- Fragmented
- Decontextualized
- Nonlinear or incomplete
- Lacking in detail
- Lapsed or blanked out entirely

Fear of the abusive partner or family member's response if abuse is disclosed Shame and stigma associated with abuse Minimizing the role of abuse

Protecting the abusive partner or family member from negative consequences Being conditioned or coerced by the abusive partner or family member to blame themselves for the abuse

Not being

questions

asked the right

Lacking traumainformed, culturally competent spaces where it feels safe to share

Police and prosecutor

interrogations that

control dynamics of

abuse and lead to

mimic the power and

inaccurate, incomplete and false confessions

Not labeling experiences as "abuse" and not knowing behaviors "count" as abuse

Lacking service providers or other support persons who understand trauma and abuse

Protecting themselves

or their abuser from criminalization or deportation, especially for survivors from communities of color and immigrant communities

Speaking only about one type of abuse because that type of abuse is experienced as particularly devastating

Prior **negative** encounters with the police

Women & Incarceration: Domestic Violence and Trauma



A common misconception is that a survivor could have prevented the incident that led to arrest by simply leaving the abusive situation.

Leaving is often the most dangerous time: survivors are more likely to be killed or severely harmed after leaving or attempting to leave than at any other time. "Why don't you walk away? At that point you're so beaten down. It's not even a choice. This is what your life is. You don't see an option."

– Monica Szlekovics, Project Coordinator, Survivors Justice Project

Survivors can recognize an abuser's demeanor or behavior as threatening even when it is not obviously threatening to an outside observer.

Why can't survivors "just leave?"¹²

- Fearing being harmed or killed for trying to leave
- Having been previously harmed when leaving
- Lacking the financial means to survive, especially if the abusive partner or family member controls finances
- Not wanting the relationship to end, just the abuse
 - Normalizing violence because of childhood and ongoing trauma, for example "all men hit"
- Wanting to stay in their own home and fearing homelessness
- Worrying that no one will believe them

- Wanting to protect children from further harm and destabilization
 - Feeling love for the abusive partner or family member and experiencing traumacoerced bonding¹³
 - **Believing an abusive partner or family member when they promise to change**
 - Fearing the unknown will be just as bad or worse
 - Blaming themselves for the abuse and being conditioned to think it is deserved



The criminal legal system often relies on outdated conceptions of domestic violence, and survivors are arrested, prosecuted, and incarcerated for a wide range of situations resulting from the abuse.

Common ways survivors enter the criminal legal system¹⁴

Engaging in illegal acts to protect and/or provide for themselves and their children

Participating in a crime because of coercion or fear of the consequences of refusing to participate

Accepting blame or confessing to a crime that someone else committed due to fear or coercion

Engaging in sex work or being trafficked into commercial sex leading to an arrest

Using or selling illegal substances because of coercion or to cope with abuse

Being unable to protect children from abuse (leading to charges such as failure to protect or child endangerment)

Being arrested after the survivor calls the police or an abusive partner/family member calls the police in retaliation

Participating in fraud or theft to survive and escape violence

Engaging in illegal behavior because of a trauma response, for example engaging in a fight because of a perceived threat based on past trauma Survivors who are Black, Indigenous, and people of color, economically marginalized, immigrants, living with disabilities, and LGBTQIA+ are disproportionately mistreated, disbelieved, criminalized, and punished.

"Listening to the women I was incarcerated with and understanding how the system fails us, all the abuse that each and every last one of us went through. So many women had just been beat down and broken."

– Myeshia Hawkins-Taylor, Survivor Storyteller & Advocate



For survivors of domestic violence, the trauma of incarceration can be particularly pronounced because it recreates and mirrors patterns of coercive control and abuse, and can compound past traumas.

Constant surveillance and control

- Control over physical movement and daily activities
- Control over belongings, including personal property limits and room searches during which belongings can be ransacked and removed at will
- Monitoring of conversations, mail, and phone calls

Isolation

- Forced separation from loved ones
- Prohibition of positive physical contact, friendly affection, and consensual intimate relationships between incarcerated people
- Solitary confinement and punitive segregation

Chaotic, dehumanizing environment

- Unsanitary, crowded living spaces
- Constant noise and disrupted sleep
- Inadequate healthcare and substandard nutrition
- Colorless, bleak, rundown spaces with no warmth
- Lack of trauma responsive programming and mental health support
- Abysmal pay for labor

Violations of privacy and bodily autonomy

- Strip searches which involve searching a person's naked body, including a visual inspection of the vagina and anus
- Pat frisks which involve a physical pat-down of body, including breasts and between legs
- Inability to perform basic intimate tasks like changing clothes or using the bathroom without possibility of being watched
- Being shackled with handcuffs, leg and waist chains, and other instruments
- Being forced to share personal details with correction staff when seeking medical care, mental health care, and personal care items like sanitary napkins and toilet paper
- Sharing of personal information such as medical and mental health status without permission

Verbal, physical, and sexual violence

- Verbal abuse and aggression, including name-calling, belittling, shaming, and threats
- Risk of physical abuse, including excessive use of force by correction officers
- Risk of sexual abuse, including forced sexual acts and rape

Punishment and retribution

- Punitive, arbitrary, and arbitrarily-enforced rules
- Punishment, including solitary confinement, for even minor or manufactured infractions
- Retaliation against people who report abuse and other violations
- Threats of losing "privileges" such as visits and programming

"Part of the deep harm that incarceration creates is that you literally think that you've been completely vanished, disappeared from the world."

Serena Martin, Executive Director, New Hour for Women & Children - Long Island



A study of **women in prison** found that in a six month period

37%

had experienced both physical and sexual violence by staff or other incarcerated people¹⁵

A survey at New York's maximum-security women's prison found



74% of women had witnessed verbal. physical, and/or sexual abuse by staff

experienced verbal, physical, and/or sexual abuse by staff¹⁶

53%

Trans, gender non-conforming, and intersex (TGNCI) people experience disproportionate and extreme rates of sexual and other violence in prisons and jails.¹⁷

A survey of TGNCI people in NYS prisons found



11% had experienced reported one or more

assault while

incarcerated



one or more forms of physical instances of sexual violence by correction officers¹⁸

Women in prison often face disciplinary action even for minor rule violations including cursing, speaking loudly, or altering clothing¹⁹



Most prisons and jails lack gender-specific, trauma-informed programming, and programming that does exist is often substandard and inadequate.

In 2015, the primary trauma treatment program in New York prisons was available to only 1% of women in custody.²⁰



New York's DVSJA was enacted in 2019 after a 10-year Coalition for Women Prisoners campaign led by currently and formerly incarcerated women.²¹

The DVSJA gives judges discretion to sentence domestic violence survivors convicted of crimes related to abuse to significantly shorter prison terms or, in some cases, to community-based alternatives instead of prison.

It also allows incarcerated survivors whose offenses were committed before the law was enacted to apply to the courts for resentencing to come home earlier.²²

"It's critical for lawmakers to make these decisions with survivors in mind, and assisted by survivors, because they are the experts on their experiences and everything that they endured."

- Patrice Smith, Anti-Human Trafficking Advocate & Salesforce Administrator

✓ Who is eligible for the DVSJA?

For a survivor to be sentenced under the DVSJA, a judge must find that:

- 1. At the time of the offense, the survivor was a victim of DV subjected to substantial physical, sexual or psychological abuse by:
 - a spouse, former spouse, or a person with whom the survivor had a child
 - an intimate partner regardless of whether the relationship is sexual or whether they live together, or if the relationship is on again/off again
 - someone related by blood (consanguinity) or marriage (affinity)
- 2. the abuse was a "significant contributing factor" to the crime
- 3. a sentence under NY's general sentencing laws would be "unduly harsh"



- The DVSJA includes almost all crimes categorized as violent, including robbery, arson, and Murder in the 2nd degree (except for subdivision 5).
- Ineligible offenses are: Aggravated Murder, Murder in the 1st degree, subdivision 5 of Murder in the 2nd degree, terrorism, and sex offenses.
- To be eligible for resentencing, a survivor must be in custody serving a sentence of 8 years or longer for an offense committed before the DVSJA resentencing provisions went into effect on Aug 12, 2019.



Δ What is the process for applying for relief under the DVSJA?

Initial sentencing:

Before sentencing, survivor requests a DVSJA sentencing hearing

if approved, DVSJA sentencing hearing is held judge issues decision about DVSJA applicability and sentences survivor

Resentencing:

- survivor submits request to original sentencing Court for permission to apply for DVSJA resentencing and requests a lawyer (no evidence required)
- ➡ if approved, survivor files DVSJA application with evidence* (if denied, can reapply)
- ➡ if approved, judge holds resentencing hearing
- after hearing, judge grants or denies new sentence (if denied, can appeal)

***This evidence must include** at least 2 documents confirming the abuse. One piece must be an "official document," such as a sworn statement from a witness to the DV, court record, social services record, hospital record, law enforcement record, order of protection, domestic incident report, or pre-sentence report. Other evidence can include jail or prison records, therapy records, and records of connecting or trying to connect with DV services.

"There's a dichotomy of victim and perpetrator. You're either guilty or innocent. Our society can't seem to hold both. And that's what our justice system does. It doesn't allow anyone to hold both."

Monica Szlekovics, Project Coordinator, Survivors Justice Project



Download Survivors Justice Project's DVSJA Resource Guide here:

https://www.sjpny.org/ dvsja-resource-guide



Survivors Justice Project collected the following data on DVSJA resentencing.



Courts have granted alternative sentences under the DVSJA to some survivors at the time of sentencing. The total number, however, is unknown because no entity tracks that information.



As of September 2024

survivors have been resentenced after filing DVJSA applications

This has saved over **175** years of incarceration including

16 potential life sentences

Had the survivors been originally sentenced under the DVSJA, over

507 years of needless prison time would have been avoided.

While this progress is hopeful, some survivors have been denied relief under DVSJA, some are excluded from DVSJA's provisions, and many have yet to apply.

Of resentenced survivors:

- **61** are women, **7** are men
- 49 are people of color
- 38 were prosecuted in NYC, and 30 were prosecuted in other counties across NYS
- Of the 66 cases that involved a victim, 33 involved a victim who was not the person perpetrating the abuse
- Of the remaining cases 6 involved the homicide of an abusive parent

"What draws me to being an advocate is going through the DVSJA and being denied and seeing all the women inside who went through domestic violence and the hurt and the pain that we endured."

– Myeshia Hawkins-Taylor, Survivor, Storyteller & Advocate



Our deep gratitude to the following individuals and organizations for their expert review and contributions: Kathy Boudin, Judy Clark, Michelle Daniel-Jones, Myeshia Hawkins-Taylor, Christina Holdrege, Patrice James, Melissa Mahabir, Serena Martin, Kisha McCoy, Kate Mogulescu, Alan Rosenthal, Anisah Sabur, Patrice Smith, Monica Szlekovics, Sharon White-Harrigan, Survivors Justice Project, and the Criminalized Survivors Program of STEPS to End Family Violence, a program of Rising Ground.

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